

## FA Member-Recommended Book List

A Gentle Path Through the Twelve Steps	Patrick Carnes
Addictive Personality, The	Craig Nakken
Adult Children	John and Linda Friel
Artist's Way, The	Julia Cameron
Back in Control (How to Get Your Children to Behave)	Gregory Bodenhamer
Beyond Codependency	Melody Beattie
Boundaries	Anne Katherine
Boundaries	Henry Cloud
Boundaries in Marriage	Henry Cloud
Choices and Consequences: What to do When a Teenager Uses Alcohol or Drugs	Dick Shafer
Codependent No More	Melody Beattie
Codependent's Guide to the 12 Steps	Melody Beattie
Driven to Distraction	Edward M. Hallowell, M.D.
Emotional Blackmail	Susan Forward, Ph.D.
Emotional Incest Syndrome, The (What to Do When a Parent's Love Rules Your Life) Book	Dr. Patricia Love
Final Gifts: Understanding Special Awareness, Needs and Communications of the Dying	Maggie Callahan
Forgive Your Parents, Heal Yourself: How Understanding Your Painful Family Legacy Can Transform Your Life	Barry Grosskopf and Wendy Lustbader
From Panic to Power	Lucinda Bassett
Healing the Child Within (Discovery and Recovery for Adult Children of Dysfunctional Families)	Charles L. Whitfield, M.D.
I'll Quit Tomorrow – A Practical Guide to Alcoholism Treatment	Martha Davis
It Will Never Happen to Me	Claudia Black
Language of Letting Go, The	Melody Beattie
Love First—A new approach to intervention for alcoholism and drug addiction	Jeff and Debra Jay
Love Must be Tough	Dr. James Dobson
Not My Kid: A Parent's Guide to Kids and Drugs	Beth Polson and Miller Newton
People of the Lie	F. Scott Peck
Praying God's Will for My "_____" (son, daughter, spouse)	Lee Roberts
Reality Therapy	William Glasser
Recovery from Rescuing	Jacqueline Castline
Road Less Traveled, The	F. Scott Peck
Spirituality of Imperfection, The	Ernest Kurtz and Katherine Ketcham
Survivors of Verbal Abuse Speak Out	Patricia Evans
Toxic Parents	Susan Forward, Ph.D.
Traveling Light: Releasing the Burdens You Were Never Intended to Bear	Max Lucado
Verbally Abusive Relationship, The	Patricia Evans
When Bad Things Happen to Good People	Harold S. Kushner
Women Who Love Too Much	Robin Norwood